## STOP: Step back, Test, Overcheck, Proceed

**Step back** and don't act immediately. The attackers are usually trying to put us under pressure.

**Test** gradually the following attributes:

- Sender's address
- Links
- Attachments
- Requirements

**Overcheck,** and if something seems wrong, validate through another appropriate channel.

**Proceed** if everything is allright. Othervise, report it.



Use the STOP technique at least on seven e-mails this week to get the experience.

