

- Motivate employees to use II services and tools effectively
  - Ensure regular cybersecurity training
- Require the implementation of the same technical measures you follow
  - Ensure adherence to MU IT Rules
    - read by example

esseuce Don't delay reactions and decisions, ask for an explanation of the problem's

- Follow the instructions of the Cybersecurity Team of Massaryk University
  - Shared responsibility for resolving incidents at your workplace

### Manager responsibilities:

- Replace outdated hardware (5+ years)
- Report incidents and suspicious communication
  - Regular cybersecurity training
- Process emails and communication consciously (STOP technique helps)

#### Habits for safe online activity:

- Utilize the university's M365 and Google Workspace services
  - Use eduVPN on public Wi-Fi
    - Disk encryption + backup
  - Antivirus program + automatic updates
  - Multi-factor authentication + password manager

Technical measures:

What can you do for yourself?

What can you do for your employees?



# to spear phishing!

S Step back: pause before taking action

Test: check the address, links, and attachments

Overcheck: when in doubt, use another channel

Proceed: report the scam or continue working

### How to build a habit?

- 1. Apply the STOP technique at least 21 times
- 2. For each use of STOP, tick a box at the bottom
- 3. If 21 applications are not enough, download the template from the website (QR code on the back) and repeat the process



Report suspected fraudulent messages

to: csirt@muni.cz





























Use the STOP technique at least 10 times this week to make it a habit.



## Build the habit

